BY ELI D. AKE.

VOLUME XXXV.

On a Foreign Shore.

lovely days on land so full that I need

band played and those on the "Queen

Cherbourg, although we got only a

glimpse of it, fairly drove us wild with

its queer buildings, odd corners and

strange looking costumes. As the

Queen Louise came near enough to the

town to distinguish things, we could

see the long lines of low lying fortifi-

cations and occasional fortresses that

line the shore. It is a great naval

station. The fortifications extend for

two miles. The ride to Coutances

lasted from 3:45 until nearly seven

and it was a constant delight for each

one of us. Lovely green fields and trees. The fences are made of dirt.

They look like mud walls but are

green with grass and often crowned

with shrubs and trees. I suppose their

roots help to keep the thing together.

We have seen thousands of trees that

only a tuft of foliage at the top-such

as I have seen in paintings sometimes,

and didn't believe that they existed.

Poplars slimmer than ours, fields yel-

low with mustard, white with oxeye

daisies, or one blaze of red with pop-

pies, some times the three colors min-

gled, other fields of clover with blos-

My letter writing is going to be a

dismal failure I'm afraid, because it

has to come in at odd moments. I

just won't sit up nights to write, as

In an hour we go for a ride around

We enjoyed Coutance in some thing

the city and climb the Arch of Tri-

imph to get a general view of Paris.

the same way my English trip affected

me before-or the first few days of it.

It is such a quaint town-people walk-

ing in the streets, of necessity because

men in wooden shoes, women in funny

white caps, carts with wheels twice as

high as ours and the shafts coming up

on a level with the donkey's or horse's

Sunday was a special fete day in the

church and we could travel for ten

summers without seeing anything as

original as the procession that was

held Sunday morning. The streets

were all decorated with flying gauze

banners, the shops and houses covered

with white drapery, Shrines decorated

with flowers, evergreen trees, potted

plants embroidered banners and can-

dles were put in a dozen places about

town. We started out early and saw

men finishing the decorations. For

some distance from some of the shrines

they had made green paths of leaves,

picked from poplar trees or box branch-

es. Near the shrine these green paths

were ornamented in geometrical de-

signs with daisies, thousands of them

picked off at the heads and laid thick,

and rose petals and yellow flags and

some poppies. I cannot remember the

exact designs, but some of the pret-

tiest effects were the result of border-

ing the white daisy lines with the pink

rose petals, and these on a solid green

back ground. When the bishop came

to these paths the white robed priests

tossed rose leaves up in the air before

them. And the procession, how can I

give you an idea of it? There must

have been two thousand in it for I

counted four hundred boys from differ-

ent schools and about as many girls,

and the black robed nuns, the white

veiled first communicants and the

priests of various orders made three

hundred more; then the adult citizens

came behind. In the whole proces

as gorgeous as could be: then the lit- cession.

Paris, June 19, 1901.

soms of a dark red purple hue.

some of the girls are doing.

Louise" waved to us.

OF OSTEOPATHY.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of

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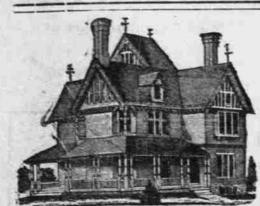
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# OUR GOD, OUR COUNTRY AND TRUTH.

IRONTON, MO., THURSDAY, JULY 18, 1901.

FOUGERE, FRANCE, (On Train to Paris.) ARCADIA VALLEY SANITARIUM Monday, June 17th, 1901. My Dear Friends: We have had two

an extra day to write them up. The landing at Cherbourg was made very easily, because the sea was calm and THIS INSTITUTION is designed and constructed for the comfort the sky unclouded. A small steam boat came out from the docks and a and accommodation of patients gangway was let down. Perhaps half who seek relief and recuperation and of the first class passengers got out there and as we started ashore the the recovery of lost health.

LOCATION.

Its location is admirable for this. purpose. Nestled at the foot of Shepherd Mountain, embowered among majestic trees, just off the main street, and free from its noise and dust, and

verandas, the latter on both floors, extending entirely along the east and south fronts, and affording comfort and open air to occupants of all rooms. There is a main office, three operating rooms, reception hall, parlors, with rooms for guests and patients on both floors, ceiling high, and well lighted and ventilated-all newly furnished. Diningroom and kitchen at the rear provide the table comforts required for invalids or

agement to affect display or luxury, but to provide every home comfort and convenience necessary to those seeking treatments, and rest and health. The quiet and beauty of surroundings have their part to perform in the restoration of health, and this is what led to the selection of this sylvan retreat for the location of this Institution.

COTTAGES.

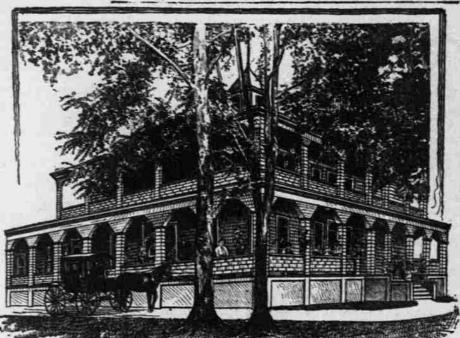
Beside the main building there are three eight-room Cottages belonging to the Institution, on the adjoining grounds, the whole capable of accommodating about fifty or sixty people. As we are liable to be crowded and do not wish to disappoint any, especially the invalids, it is always best to write and engage rooms in advance of coming, and then everything will be in readiness for those expected and conveyance in waiting at the station. TREATMENT.

The public is no longer in doubt or uncertain as to the value of the system of treatment we here follow. Osteopathy has amply proven its value as a remedial agent, and has the great merit of entirely avoiding the injurious effects of poisonous drugs. It is strictly scientific manipulation of the affected and related parts of the body, looking to the restoration of the normal action of bodily functions, which is the restoration of health. It is capable of successful application to every form of physical disorder, and is sought not only for the lighter and temporary attack of disease, but for chronic cases as well. In many of the latter most astonishing recoveries have been witnessed. We wish distinctly to define our pracwalks and driveways, Sylvan Lake and Grant Spring, and their attractive surroundings, no more beautiful or restful retreat for the invalid and convalescent, or the weary and careworn, can be found in all America. MAIN BUILDING. The main building is a tasteful two

alongside, and connected with, the

famed Emerson Park, with its shady

story structure with wide halls and



ARCADIA VALLEY SANITARIUM-MAIN BUILDING.

It is not the purpose of the man- | tice as that of the American School of Osteopathy founded by Dr. A. T. Still at Kirksville, Mo., in order that there may be no confounding of it in the public mind with any of the "Magnetic Healing" "Faith Cure" or "Christian Science" fads, with which we have no connection whatever. Our practitioners are graduates of the above School and our reputation established.

TERMS.

Our terms are reasonable and uniform, estimates for treatments and accommodations being separate or combined as parties desire, for often the invalids are accompanied by friends who are accommodated simply as guests. Beside the many walks and shady retreats about the premises, and the beautiful view of the Valley and the surrounding mountains to be had from the verandas and tower of the Sanitarium, there are a number of places of interest within easy driving distance, such as the U.S. Rifle Range, the famous Shut-In Canyon, the Red Granite Quarries, Iron Mountain Lake for fishing, etc.-and vehicles can always be had, singly or for parties, at reasonable rates, whereby these places can be visited and enjoyed.

In brief, the Sanitarium offers a retreat for the broken and weary, who will find that a few weeks of rest and treatment will do much for their complete recovery.

CORRESPONDENCE.

All correspondence promptly answered. State fully what accommodations are desired, and terms will be made known in advance.

W. J. SMITH, D. O.,

sion there were two rows, one on each side of the street. At each shrine they stopped, the bishop brought the tary heroes, tiny little folks about like and there were six feet or so covered away and we can go three short blocks host up on the shrine platform and kindergarten children, a company of with water between us and the cause- and see the Place de Concorde. There elevated it. The people all knelt and soldiers, little five year olds in white way where our carriage was. A sai- is a new way of getting down town. rose again as the bell gave the signal. gaiters, baggy red trousers, and grey lor or peasant man seized each one of An underground electric railroad goes There were several of the highest rank blue jackets, one tot with brawn robe us and carried us over. The streets from the Arch of Triumph to the Hotel in the church who marched by the and rope girdle and tonsored head, an- are winding. You go about by means de Ville and fairly skims along. bishop under a gilt and red velvet other in a black robe, one St. John, of stairs. The ruins are fine and the The two hour visit we had yesterday canopy carried by priests in white dressed in a woolly sheep skin robe view from the top is glorious. We at Chartres is one of the loveliest bits lace robes. Their dress was very gor- with no sleeves, leading a real lamb saw the sun set and could see Jersey of pleasure I ever had. It is perhaps geous, particularly the bishop's who by a string, St. George with silver dimly in the horizon line. The walls the most beautiful cathedral I have wore a purple velvet cap. At times, belimet and sword, St. Peter with his are covered in places with a beautiful seen. It has two front towers, both the whole throng chanted and at other keys, one child with a crown of thorns, red flower called ground lilac. times the censor bearers waved the another with a white wreath of roses burning incense before the people. about her neck, and others wearing happy in spite of a cold wind and oc- terior is beyond description in two We were particularly interested in the different priest's costumes. Two an- casional showers. We went at nine to particulars; one, the long clustered very first part of the procession. First gels were little girls wearing gauze the Louvre and spent the rest of the piers which rise from the floor to the came the beadle dressed in red and dresses and having gauze wings. We morning in going through the Greek top of the lantern, the other th

came some little children dressed in it by a causeway that has been built; quite centrally located in a quiet hotel. Itions of stained glass in such close con-

imitation of different church and mili- when we came away the tide was in The Madelaine is only a block or two Money back if not satisfied. Sold by

beautiful in different ways-one very Our first day in Paris has been very plain, the other decorated. The ingold and black with white stockings- shall never forget our Coutance pro- and Roman Sculpture. I find that I stained glass windows. All the winnotice things I didn't see before. This dows are good and you go from one to tle beadle a six year old boy dressed in San Michel stands right out of the afternoon we went at three to Notre another in new surprise. It is Interexact imitation of the man. Then sea when the tide is in. We went to Dame and Sainte Chapelle. We are esting to see two such master collect

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nection. Sainte Chapelle is as a whole more entrancing, but taken window by window the Chartres windows are more beautiful. Sainte Chapelle is a little chapel built in 1245 by Louis IX to put the relics in, that he found during a crusade of his. It is 115x36 ft. and 66 ft. high. The walls are practically all stained glass with long piers coming down between. It has been restored and is painted in gilt, greens and reds that blend with the colors of the glass. The glory of the coloring surpasses anything I ever saw. It suggests sunsets and jewels and flowers and everything bright and beautiful. I am so glad that these things that I have seen before seem more beautiful than they did the first time I

Tomorrow we go to the Louvre for the more recent sculptures and a glimpse at the paintings.

CLARA MAY.

A Good Cough Medicine.

Many thousands have been restored to health and happiness by the use of Chamberlain's Cough Remedy. If afflicted with any throat or lung trouble, give it a trial for it is certain to prove beneficial. Coughs that have resisted all other treatment for years, have yielded to this remedy and perfect health been restored. Cases that seemed hopeless, that the climate of famous health resorts failed to benefit, have been permanently cured by its use. For sale by Arcadia Valley Drug

Henderson Fixed Things.

The people of this weak and defenseless republic owe a debt of gratitude to the Hon. David Bituminous Henderson of Iowa which they may never be able to pay in whole, but which they are expected to recompense in part by instructing their representatives to reelect him speaker when congress meets.

Thoughtless and unappreciative persons will hardly be able to estimate the immensity of the obligation he has placed this nation under, but those who are otherwise will, and there are several of these latter.

During his recent visit to England Mr. Henderson called upon his majesty, King Edward VII, and, after the interview, divulged to the press the following startling revelation: "I have seen his majesty. Hereafter, if there should be any unpleasantness between the United States and other powers, Americans can rely to any reasonable extent upon England."

Dare Germany, after this announcement, persist in running down the quality of our exported goods? Dare Russia continue her tariff discriminations? Dare France and Italy indulge any further in their strictures upon the rudeness of our art and our lack of architectural ruins?

The understanding arrived at beween the British king and the American statesman has relieved the people of this country of all apprehension concerning its future. The timid part of our population will hereafter sleep more soundly and the asthmatic will reathe more freely.

Henceforward England, thanks to Mr. Henderson's pull with the king, will see that nobody hurts us. There is no further occasion for national Naturally there is a great deal of

curiosity as to how Mr. Henderson managed to extract from his Royal Nibs the promise to safeguard us, but let no one be so rude as to ply the distinguished Iowan with questions. Twould be rank impertinence. How the trick was done is a matter

which only concerns Dave and Ed. The plain duty of Americans is to

curb their curiosity and turn loose their gratitude in the direction of D. B. Henderson -K. C. Times.

A Poor Millionaire.

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and nervousness which follows, the appetite and remove gloomings. Elegantly sugar coated. Take No Substitute.